



Education and Sport Development

Department of Education and Sport Development
Departement van Onderwys en Sport Ontwikkeling
Lefapha la Thuto le Tlhabololo ya Metshameko

NORTH WEST PROVINCE

PROVINCIAL MID YEAR

EXAMINATIONS 2019

GRADE 10

**LIFE ORIENTATION
JUNE EXAMINATION**

MARKS : 80

DURATION : 2HRS

This Question Paper consists of 8 pages



INSTRUCTIONS TO LEARNERS

1. This question paper consists of 8 pages.
2. Number your questions the same as in the question paper.
3. The question paper consists of three (3) sections:
 - 3.1. Section A: 20 Marks compulsory
 - 3.2. Section B: 30 Marks compulsory
 - 3.3. Section C: 30 Marks (choose only TWO questions)
4. Write neatly, clearly and legibly.
5. Use a blue or black pen.
6. Read all instructions carefully before answering.
7. Make sure you have written down your name and surname.
8. Answer each SECTION on a NEW page.



SECTION A

QUESTION 1

1.1. Various options are provided as possible answers to the following questions. Choose the answer and write only the letter (A-D) next to the question number in the ANSWER BOOK, for example 1.1.11 E

1.1.1. ... are examples of social issues affecting the lives of the youth negatively.

- A. Crime and pollution
- B. Food production and land
- C. HIV and violence
- D. Safety and erosion

1.1.2. Constructive thinking skill means ...

- A. making illogical judgements that are reasonable.
- B. building up and improving the community.
- C. not reasonable when making judgements.
- D. studying the parts and their relations.

1.1.3. Annual study plans enable learners to prepare and

- A. study for the final examination.
- B. study for informal activities.
- C. pass all formal tasks.
- D. complete formal tasks.

1.1.4. To challenge discrimination individuals are expected to

- A. participate in programs addressing their challenges.
- B. avoid places where discrimination is dominating.
- C. report any form of discrimination to the authorities.
- D. organise awareness campaigns to support victims.

1.1.5. It is called the ability of the heart and lungs to supply oxygen – rich blood to other parts of the body.

- A. Cardiovascular fitness
- B. Muscular strength
- C. Endurance
- D. Flexibility



- 1.1.6. External assessment tasks are set by the ...
- A. district, province or national not the school.
 - B. school, district or province not national.
 - C. school not the district, province or national
 - D. district not province or national or the school
- 1.1.7. NCS stands for ...
- A. National Courses Statement
 - B. National Senior Certificate
 - C. National Curriculum Statement
 - D. National Standard Course
- 1.1.8. An objective analysis and evaluation of an issue to form judgement is called
- A. conflict resolution.
 - B. problem solving .
 - C. creative thinking.
 - D. critical thinking.
- 1.1.9. Unequal access to drinking water leads to challenges in rural communities such as ...
- A. buying expensive water by poor communities.
 - B. water-borne diseases due to drinking polluted water.
 - C. conservation of water for every citizen to access it.
 - D. Drilling of boreholes by communities to access water.
- 1.1.10. It is an example of becoming as a life domain.
- A. Spiritual
 - B. Practical
 - C. Community
 - D. Psychological.
- (10 x 1) (10)

1.2. Match the concepts in Column A with Explanations / Definitions in Column B. Write down the number and the letter. (e.g. 1.1.6 J)

Column A	Column B
1.2.1. Diversity	A. Planned set of activities intended to achieve a specific goal.
1.2.2. Discrimination	B. Unjust treatment of authority.
1.2.3. Nation building	C. Fair practise in sport
1.2.4. Oppression	D. The unjust treatment of people on the grounds of race, age or sex.
1.2.5. Campaign	E. Problem solving skill
	F. The condition of having or being composed of differing elements.
	G. Working together to promote unity.

(5 x 1)(5)

1.3. Answer the following questions by writing the answer next to the question number (1.3.1 – 1.3.3) in the ANSWER BOOK.

1.3.1. Give **ONE** strategy that can be used to build confidence. (1 x 1)(1)

1.3.2. Define social justice (1x2)(2)

1.3.3. Justify the importance of community needs when considering a career. (1x2)(2)

(5)

TOTAL SECTION A: 20



SECTION B (COMPULSORY)

Answer ALL the questions in this section. Write your answers in full sentences.

QUESTION 2

Read the following extract carefully before answering the questions.

Let us play.

Life Orientation is one of the fundamental subjects to meet the requirements of the National Curriculum Statements. All learners are expected to participate in physical education during a fixed period for one hour in a week.

Source :Unknown

- 2.1. List THREE advantages of participating in physical activities. (3 x 1) (3)
 - 2.2. Explain FOUR ways how physical activity increase learner performance. (4 x 2)(8)
 - 2.3. Evaluate TWO importance of indigenous games. (2x2)(4)
- (15)

QUESTION 3.

Read the case study carefully

I will rather stay at home

Rubie is a very shy and reserved child. He was doing grade 10 and he has decided to drop out of school. His challenge was debate, presentation and answering questions in front of other learners. Some learners were always laughing at him because he could hardly answer a question.

Source : Unknown

- 3.1. List THREE strategies that enhance self – esteem. (3 x 1)(3)
 - 3.2. Define the following concept: Self-awareness (1 x 2) (2)
 - 3.3. Identify TWO ways in which self-awareness improves performance in school. (2x2)(4)
 - 3.4. Advise Rubie with THREE strategies of addressing his challenge instead of dropping out of school . (3 x 2)(6)
- (15)

TOTAL SECTION B: 30



SECTION C

Candidates must **Answer any TWO questions in this section**. Should the candidate answer all three questions, only **the first TWO** will be marked.

Your response must be in the form of a paragraph. Write your answers in full sentences.

QUESTION 4

Study this case study before answering the questions

No. Not me.

Pimose passed her grade 9 in 2018. Her parents are not willing to register her at any school because she refused to married to a 75 years old man. Her parents tried to force her to marry the old man and she ran away.

Source : Unknown

- Give THREE of Pimose's rights violated by her parents. (3 x 1)(3)
- Explain in THREE ways how the treatment will impact negatively on Pimose. (3 x 2)(6)
- Advice youth with THREE strategies of how to address or prevent what Pimose went through. (3 x 2)(6)

(15)

QUESTION 5

Read the following case study before answering the questions.

Where can we hide?

Teachers, learners and community members are not safe because of crime. Every minute loss of lives caused by crime is reported. People are killed like flies.

Source: Unknown.

- List THREE causes of crime committed by learners. (3 x 1)(3)
- Identify THREE ways in which crime impact negatively on local communities. (3 x 2)(6)
- Propose THREE ways in which learners can address crime. (3 x 2)(6)

(15)



QUESTION 6

Read the following case study before answering the questions.

Please help!!!!!!

Prinsie is 23 years old and doing grade 10 for the third time this year. He is engaged in many community projects such as conducting church and community choirs, playing soccer and chess. He is unable to submit tasks and always forgets dates for examinations and tests.

Source : unknown

- Give the skill Prinsie lacks and an example of that skill. (1 +2)(3)
 - Discuss THREE benefits of internal assessment. (3x2)(6)
 - Advice learners with THREE ways of taking assessment seriously. (3x2)(6)
- (15)

TOTAL SECTION C (30)

GRAND TOTAL: 80

